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# Hello

## Welcome to our annual review for 2017

One year on from the launch of the new look for Barnwood Trust, this review looks back at a few highlights from the year. It also describes the wide range of work we do across our programmes to help build a sense of belonging in Gloucestershire.

First, some background information.

# Change

## Although Barnwood has been around for many years, in 2011 we had a shift in our thinking

Our new vision was established - to create the best possible environment in Gloucestershire for disabled people and people with mental health problems to make the most of their lives. So, we set ourselves the task to enable lasting change across the county.

To deliver the Trust's vision, we realised we wanted to create opportunities to develop people, spaces and voices in a community context, in order to...

**...build a movement for social change for disability and mental health in Gloucestershire**

Annual Review 2017

# Why?

## Disabled people and people with mental health problems across the county told us they wanted:

- something satisfying to do ~ giving day-to-day purpose
- somewhere good to live ~ your surroundings affect how you feel
- people to spend time with ~ avoiding loneliness and isolation
- ways of encouraging positive attitudes ~ tackling stigma, discrimination and prejudice

That is...

**...something to Do , somewhere to Live , some people to Share experiences with, and some way to have a Voice**

# Beginnings

## The starting points for all our work are:

- everyone has something they **care** about and something to **offer**
- doing things **together** breaks down barriers and builds confidence, so opportunities can emerge
- focus on what's **strong** not what's wrong
- enable **lasting local** change
- become **ourselves** the community we want to live in

# Success

## What does 'the best possible environment' look like?

It's about a neighbourhood, a block of flats, a group of streets, an estate, a village, a care home where...

- everyone knows someone to say hello to, have a cup of tea with and call on if they need a hand
- everyone has something to do that they enjoy and someone to do that with
- everyone has the confidence to join in, because they know they'll be welcome

**...and that 'everyone' includes disabled people and people with mental health problems**

# Belonging

## So, Barnwood builds belonging

We work together with the people of Gloucestershire to bring the county closer together, exploding myths about disability and mental health. By sparking new community connections, sharing ideas and providing grants, we enable people to shape where they live and discover new opportunities.

# Our plan



# Change

for people with a disability or mental health problem in Gloucestershire

info@barnwoodtrust.org  
Main line: 01452 614429  
Grants line: 01452 611292  
charity number: 1162855

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Building belonging

barnwoodtrust.org



# Some highlights in 2017

## Making Change: Stories from the people Barnwood supported in 2017

Change takes time, but we are here for the long-term.

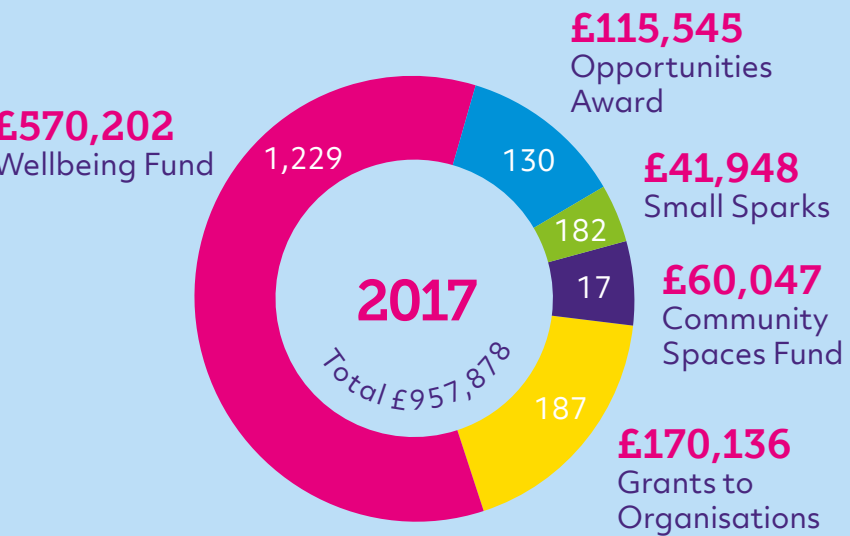
Someone described us as 'the team behind the team' - we help other people make change that will make a difference for disabled people and people with mental health problems.

Every year we move a little closer; supporting people, places and organisations to make the changes they want that help everyone with a disability or mental health problem to know someone to have a cup of tea with and call on if they need a hand, have something satisfying to do and join in where they live - building belonging in Gloucestershire.

Here are just a few examples out of hundreds of things that people did in 2017.

## Grants given in 2017

All the Trust's grants are aimed at making life better for disabled people:



- To make a difference to individual disabled people and people with mental health problems
- To make life better where people live, including disabled people
- For community spaces where everyone is included
- To support organisations working with disabled people

For further details of the Trust's finances view the Charity Commission Report at <https://bit.ly/btcharityreport>

### Do

People follow their passions, taking up opportunities and joining in

**Horse joy for Roz**  
With a little help, Roz has re-discovered her passion for riding and caring for horses  
<https://bit.ly/equinestory>

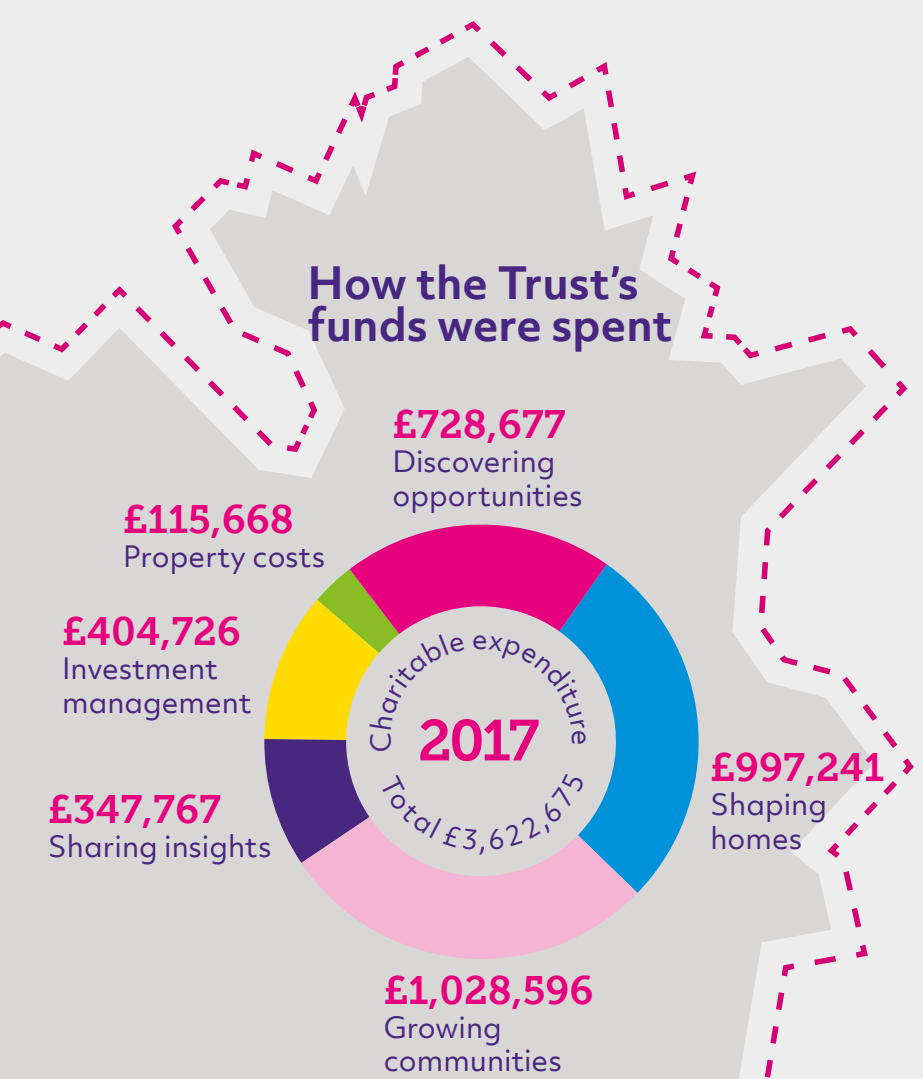
Welcomers worked with 239 new people in 2017

### Live

People live in well-designed homes in welcoming communities

**It started with a washing machine**  
Caroline asked for some items to help at home and went on to do a whole lot more  
<https://bit.ly/startedwith>

The Grants team funded 290 new carpets and 170 beds in 2017



### Share

People are involved in creating welcoming communities, spaces and places

**Coming together at Saintbridge**  
An accessible composting toilet and pizza oven were added to the vibrant community garden  
<https://bit.ly/vibrantgarden>

Community Builders worked in 35 Gloucestershire neighbourhoods in 2017

### Voice

People and organisations make positive changes on disability issues and inclusion

**Speaking up**  
Trainers were supported to develop a mental health awareness workshop  
<https://bit.ly/mhtrainers>

Trainers with lived experience of disability delivered 20 workshops in 2017

**The Trust launched a new look and a new website in 2017 and celebrated with a tour of the county throughout September**

Barney the campervan and the Barnwood Trust team visited 30 locations over 21 days and enjoyed many conversations along the way

<https://bit.ly/barneytour>



For more examples of things that people did in 2017 visit the Barnwood Trust website: [barnwoodtrust.org](https://barnwoodtrust.org)