



Experts by Experience



Information about pay

What is an expert by experience



We are Barnwood Trust. We work alongside disabled people and people with a mental health challenge in Gloucestershire.



An **expert by experience** understands what it is like to have a disability or a mental health challenge.

They share some experiences that are similar to people we work with.



We think it is really important to work with people who have experience.

We can all share ideas about things that might help and what works best.



Understanding each others lives better helps make our work and services better.



In this booklet we call experts by experience **experts** for short.

How we work with experts



Experts are involved in our work and projects. But they are not staff or volunteers.



If you work with us as an expert, you could help us by:

- talking to our staff

or

- being involved in some of the projects that we do





We will listen to what you say.



Experts can tell us:

- about experiences they have had



- what we can do to change things

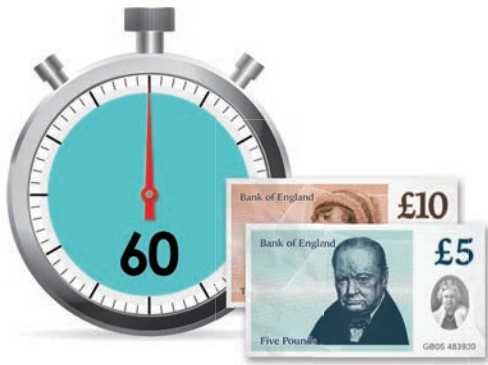


- what good things happen now and what else we can do to make things better



We will offer you pay for working with us. This booklet gives you more information.

What we will pay for



We will pay you £15 for each hour of work you do with us.



We will also pay for any **expenses**.

Expenses is money for extra things you might need when you work with us.



Things like:

- if you need someone to support you



- a translator, if English is not your first language



- travel, and food or drink

Managing your money. Things you need to think about

Tax and national insurance

If you earn more than a set amount of money, you must pay **tax** and **National Insurance**.

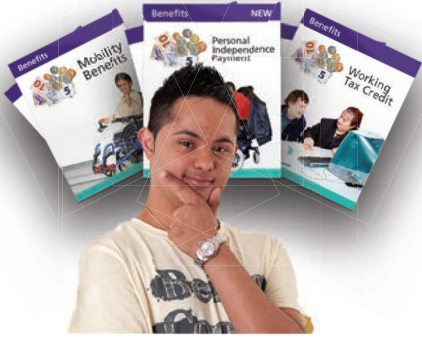
Tax is money you pay to the Government for services like schools, hospitals and transport.

National Insurance is like another type of tax.

If we pay you as an expert, it might affect how much tax and National Insurance you need to pay.

You are in charge of checking your own tax and national insurance.





Pay might affect your benefits

If we pay you to be an expert, it might affect any benefits you get.



You **must** tell the Department of Work and Pensions about your pay.



If you do not tell them, your benefits may be stopped.



You must check the rules about managing your money. Citizens Advice can give you help and advice.



Being an expert with no pay

You can be an expert but choose to not be paid.



You can still be an expert even if you don't want to get paid.



We will still pay you for expenses.
Your expenses will not affect your tax,
National Insurance or benefits.



Contact us

For more information or if you have any questions you can contact us:



By phone:

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Online:

www.barnwoodtrust.org