

# Keeping Strong Fund



**A new grant to help keep you and the people you live with strong during COVID-19**

**Is there something you can't afford that could make a big difference to your wellbeing?**

**Do you live in Gloucestershire?**

**Do you have a disability or a mental health challenge or are you experiencing significant mental distress at this time?**

**If so, this is for you.**

Ask us for what you need, so far people have successfully applied for things like household essentials, laptops and tablets, online courses, craft materials and mobile data.



**For more information and to apply today go to [www.barnwoodtrust.org/keepingstrong](http://www.barnwoodtrust.org/keepingstrong) or call freephone **0800 4220404** or **01242 539935****

Barnwood Trust is also supporting community spaces and charitable organisations through COVID-19. More at [www.barnwoodtrust.org/keepingstrong](http://www.barnwoodtrust.org/keepingstrong) or email us at [keepingstrong@barnwoodtrust.org](mailto:keepingstrong@barnwoodtrust.org)



Registered charity number: 1162855