






# Keeping Strong Fund

 	<p>Barnwood Trust has some money to help people during COVID-19</p>
	<p>The money is to help you stay strong at this time</p> <p>This money will go towards things that will help with your well-being and is called:</p> <p>Keeping Strong Fund</p>
	<p>To apply to Barnwood Trust for the fund you must:</p> <ul style="list-style-type: none"><li>• Live in Gloucestershire</li><li>• Have a disability or a mental health need</li></ul>
	<p>You can ask for things you cannot afford at the moment</p> <p>like computers – this may be a laptop or a tablet computer</p>
	<p>You can ask for things to keep you busy. This might be things like:</p> <ul style="list-style-type: none"><li>• Arts and crafts equipment</li><li>• Courses that you can do on a computer</li><li>• Exercise equipment</li></ul>



If you think this fund may be able to help you, please ask for help

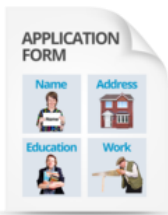


You can ask for help by phoning  
0800 4220404 or  
01242 539935



You can ask for help by looking on the computer and filling in a form.

[www.barnwoodtrust.org/keepingstrong](http://www.barnwoodtrust.org/keepingstrong)



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**GLOUCESTERSHIRE**  
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